



# Kislingbury Primary School

Flourishing, academically, socially, emotionally and spiritually through love.



Newsletter: 5th October 2023

## LIFE SPACE

Last Thursday, the children from Year 1 - 6 experienced the Life Space (formerly the Life Bus). The giant tent took up most of Sulgrave classroom and the children experienced a PSHE workshop on topics ranging from the body to social media. The children really showed our school values throughout the workshop and took away some important messages.



## VALUE OF THE TERM: LOVE

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails."

Corinthians 13: 4-8



## DIWALI WORKSHOP

On Monday Lampport Class were fortunate to take part in creating lights for the Diwali Parade that is taking place in Northampton town centre on Saturday 4th November. The children worked very hard to make individual lights. They also had to work as a team to create the structure, enclose lights and then encase lights with a special material and special glue. Well done everyone!



## DATES



**October 13th**

Book and Biscuit (Greta House)

**October 18th/19th**

Parents' Evenings

**October 19th**

Harvest Festival 9.15am  
at the church

**October 20th**

Mandela House Charity Day  
Friends' Fancy Dress Disco

**October 23rd-27th**

Half term

**November 3rd**

Mufti and cake sale for  
Cynthia Spencer

**November 4th**

Diwali Parade - Northampton

## KELMARSH SMOOTHIES



There was a delightful smell emanating on Thursday morning in Kelmarsh Class – it was the lovely smell of fruit (and some veg) in the smoothies the children created and tasted.

This was part of their DT learning and the children looked like they enjoyed them very much. The staff did like the matching aprons some of the girls wore!



## HARVEST FESTIVAL AND MANDELA DAY

The Harvest Festival has moved to Thursday 19th October at 9.15am due to a clash of events at the church. All are welcome.



Mandela House Day will now take place on Friday 20th October – all are invited to wear something red and donate on parent pay.

## PARENTS' EVENINGS

Our first parents' evenings of the year will take place on the 18th and 19th October. Today, the times will be released. Please sign up for a slot to find out how your child has settled into their new year group.

## BOOK AND BISCUIT



On Friday 13th October we are inviting any grown up with a child in Greta House (green) to come into the school hall at 2.45pm to read with their child. Children will share their reading book and a book of their choice with their adult.

Refreshments will be available.

We look forward to seeing you there.

**VOLUNTEERS  
NEEDED**

## KISLINGBURY FRIENDS

The friends have begun the process of events for this year. The one thing they need to help run these events are VOLUNTEERS! In Autumn term events include a fancy dress disco and a family Christmas film night. Please let Kelly Weston know if you can help.

## HOMEWORK

Please can we request that when children complete homework, especially our KS1 children, that an adult sits with them or checks they have completed it. Any problems please see your child's class teacher.



## SCHOOL PLACES

Do you know any families that would like a Reception place next September?

Please let them know about us and to book a tour by contacting the office on 01604731172.

We also have limited spaces in other year groups.

**2024**



If you wish to sign up for Spanish club please see the link below.

<https://www.kidslingo.co.uk/area/spanish-classes-northampton-s-w-towcester-olney/>



If you wish to sign up for any clubs run by Rhino or to book any wraparound care please visit:

<https://rhinosportsacademy.co.uk/kislingbury/>



# What Parents & Carers Need to Know about

# TIKTOK

AGE RESTRICTION  
**13+**

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-16 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

## WHAT ARE THE RISKS?

### AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18  
CENSORED

### DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

### CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

### IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

### ADDICTIVE NATURE

TikTok can be addictive, especially for young people: compulsive repeated use can interfere with sleep patterns and be a distraction from other activities. The platform recently introduced default usage time limits of 60 and 100 minutes for new members under 18 (in the UK, children with TikTok average 102 minutes per day on the app), but these restrictions can easily be removed in the settings.

### TIKTOK NOW

Introduced in late 2022, the "TikTok Now" feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

## Advice for Parents & Carers

### ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

### MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

### LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

### DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

### READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

## Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



**NOS** National Online Safety  
#WakeUpWednesday

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